

Myopia Management Clinic | Ortho-Keratology (Ortho-K) Consent to Treatment

Ortho-K has been recommended for your child due to their progressive myopia. Some important information about compliance and consent are listed below.

Ortho-K lenses are worn overnight and removed in the morning. They temporarily reshape the corneas while your child sleeps. This altered shape corrects their myopia so that prescription glasses and normal daytime contact lenses do not need to be worn during the day. Some adaptation is required during the first few weeks of lens wear and there is a small chance of an eye infection with Ortho-K lenses. However, this risk is very low (less than 1 case per 500 years of wear). Scientific evidence suggests that Ortho-K in children can slow down the rate of progression of their myopia by approximately 50%.

Compliance

For Ortho-K to be safe and myopia management to be effective, your child needs to use the treatment as recommended by your Optometrist. This includes proper hygiene when handling & cleaning contact lenses, regular replacement of Ortho-K lenses (at least once per year) and adhering to the in-office follow-up schedule.

Consent

Please note: all contact lenses used by Maple Ridge Eye Care for Ortho-K are approved by Health Canada for corneal reshaping. However, they have not specifically been approved to slow the progression of myopia, so their use is considered “off-label”. Current scientific evidence has shown this off-label usage to be very effective at managing myopia progression. Detailed scientific research can be provided to you upon request.

I understand the risks as indicated above. Though success in slowing myopia progression is highly likely with Ortho-K, I understand that there is no guarantee of any treatment outcome for my child. At times treatment strategies may be altered or added to achieve the desired results.

Child's name

Parent's name

Date

Parent's signature

Ortho-K Pricing Breakdown

Therapy	Details	Cost
Myopia Management Baseline Exam	Detailed exam to establish baseline measurements to track myopia development and enroll in myopia management clinic.	\$195.00
Ortho-K Custom Lenses	Pricing will vary depending on prescription and eye shape. Initial order includes 2 pairs of lenses – a spare pair is provided to ensure uninterrupted treatment*.	\$1500 - \$1800**
Custom Lens Follow-Up Visits	Typically, 2-4 visits are required to achieve the optimal effect of the Ortho-K therapy and additional custom lenses may need to be ordered.	Included
6-month follow-up visits	Children are required to be followed every 6 months in the myopia management clinic to monitor treatment efficacy.	\$95.00

*Non-adapt policy: A refund of all fees paid less \$300 will be provided if your child stops Ortho-K therapy within the first 8 weeks and prior to the spare pair of lenses being ordered.

**Cost of lenses includes New EYEGuarantee* which includes unlimited exchanges within 120 days and a 6-month breakage warranty.

Other Fees

Children are required to have their annual eye exams once per year at \$25.

Lens cost year 2 and onward: \$550 for simply replacing lenses
 \$750-\$1000/pair if adjustment to fit or power is required

Our commitment to you

We look forward to working with you to help manage your child's myopia and help protect the future of their vision.