

## Myopia Management Clinic | Spectacle Lenses Consent to Treatment

Spectacle lenses have been recommended for your child to help slow down their myopia progression. Some important information about compliance and consent are listed below.

Spectacle lenses slow down your child's prescription change using novel optical designs. The central portion of the lens has your child's full prescription incorporated into it. The area surrounding the central zone alters the focus or the contrast of light in the periphery of your child's vision. These unique optical designs help slow down your child's prescription change by approximately 50 – 60%.

Our experience is that most children adapt well to these lenses. However, during the first week of wearing them it may be advised to avoid intensive sports activities (e.g., soccer), operating any type of vehicle (e.g. cycling, scootering, driving a car) and climbing high staircases or trees.

### Compliance

For myopia-controlling spectacle lenses to be effective, they must be worn full time. It is also important to adhere to the in-office follow-up schedule as recommended by your Optometrist.

### Consent

Several brands of spectacle lenses have been Health Canada approved for reducing myopia progression. Detailed scientific research can be provided to you upon request. Though success in slowing myopia progression is highly likely with these spectacle lenses, I understand that there is no guarantee of any treatment outcome for my child. At times treatment strategies may be altered or added to achieve the desired results.

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Child's name

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Parent's name

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Date

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Parent's signature

## Spectacle Lenses Pricing Breakdown

Therapy	Details	Cost
Myopia Management Baseline Exam	Detailed exam to establish baseline measurements to track myopia development and enroll in myopia management clinic.	\$195.00
Spectacle Lenses	There are several brands of spectacle lenses that are Health Canada-approved for use in children to slow myopia progression.	~\$559.00
6-month follow-up visits	Children are required to be followed every 6 months in the myopia management clinic to monitor treatment efficacy.	\$65.00

## Other Fees

Children are required to have their annual eye exams once per year at \$28.

## Our commitment to you

We look forward to working with you to help manage your child’s myopia and protect the future of their vision.