

## Myopia Management Clinic | Soft Disposable Contact Lenses Consent to Treatment

Soft contact lenses have been recommended for your child to help slow down their myopia progression. Some important information about compliance and consent are listed below.

Traditional contact lenses correct vision but do nothing to slow down prescription change. Certain types of soft contact lenses have specially designed optics that have been clinically shown to slow down myopia progression by up to 60%.

The unique optical design will vary by lens manufacturer. However, most will include a clear in-focus central zone with some alteration to your child's peripheral vision. Brands include but are not limited to: MiSight®, Acuvue Abiliti® and NaturalVue®. Our experience is that children adapt very well to these lenses.

### Compliance

For soft contact lenses to be safe, your child must practice proper hygiene when handling the contact lenses and dispose of them according to their wearing schedule. For myopia management therapy to be effective, your child needs to wear the lenses a minimum of 6 days a week for 10 hours a day and adhere to the in-office follow-up schedule.

### Consent

Soft contact lenses are approved by Health Canada for general use. However, they have not specifically been approved to slow the progression of myopia, so their use is considered "off-label". Current scientific evidence has shown this off-label usage to be very effective at managing myopia progression. Detailed scientific research can be provided to you upon request.

Though success in slowing myopia progression is highly likely with soft multifocal contact lenses, I understand that there is no guarantee of any treatment outcome for my child. At times treatment strategies may be altered or added to achieve the desired results.

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Child's name

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Parent's name

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Date

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Parent's signature

## Soft Multifocal Contact Lenses Pricing Breakdown

Therapy	Details	Cost
<b>Myopia Management Baseline Exam</b>	Detailed exam to establish baseline measurements to track myopia development and enroll in myopia management clinic.	\$195.00
<b>Soft Multifocal Contact Lens Trial</b>	A 10-day trial allows your child to experience soft multifocal contact lens therapy before committing to the full treatment. Your child will be instructed on how to safely insert and remove the lenses. \$100 from the trial is applied to the cost of the lenses.	\$155.00 <sup>1</sup>
<b>Soft Multifocal Contact Lens Annual Supply</b>	Your child's lenses are ordered after successfully completing the 10-day trial. Lenses are typically purchased in 6-month supplies.	\$900-960 / year
<b>Replacement Lenses</b>	Should any lenses rip or tear they will be replaced at no charge.	Included
<b>Prescription Change</b>	If your child's prescription changes and you have <b>unopened</b> contact lens boxes remaining, they will be exchanged at no charge.	Included
<b>6-month follow-up visits</b>	Children are required to be followed every 6 months in the myopia management clinic to monitor treatment efficacy.	\$65.00

### Other Fees

Children are required to have their annual eye exams once per year at our current children's exam price.

### Our commitment to you

We look forward to working with you to help manage your child's myopia and protect the future of their vision.

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<sup>1</sup> If your child does not want to proceed with soft contact lenses after the initial trial period then \$100 can be credited towards other myopia management options.